

Taekwondo Australia



Poomsae Pairs

Poomsae Individual

Poomsae Teams

Breaking



2012 World
Hanmadang

Korean Open

Technical Selection Competition

3 June 2012

Melbourne, Victoria

Register On-line @ www.taekwondoaustralia.org.au

Applications Open 7 May 2012 - 30 May 2012

Technical Selection Competition



Your Invitation

It gives us much pleasure to invite you to participate in this Technical Selection Competition to select a team to compete at the 2012 World Taekwondo Hanmadang in Korea, commencing 5 September 2012. While we are still awaiting some details, we also hope to combine this competition with a training camp in Korea, as well as the possibility of attending the Korea Open, as well as the World Taekwondo Day celebrations on 4 September 2012.

The exact dates and events of the Korea Open are yet to be confirmed, but the Hanmadang will feature Team and Pair events for both Junior and Senior age groups, as well as Kyokpa (breaking) events. It is our understanding that for the first time it will also feature Individual Poomsae for the three Master's age divisions.

We look forward to Sports Members taking the opportunity to participate in this event which is also eligible for TAPS points. Details of the event and the steps that you need to take to ensure you have the opportunity to participate can be found in the enclosed information.



John Gradisar
Chief Executive Officer

Technical Selection Competition



General Information

- Hosted by:** Taekwondo Australia Ltd
- Dates:** Sunday 3 June 2012---(12:30pm-5:00pm)
- Venue:** State Netball and Hockey Centre
Brens Drive, Parkville, Victoria.
- Applications:** Applications open: Monday **7 May 2012**
Applications close: Wednesday **30 May 2012**
- Apply online at www.taekwondoaustralia.org.au. Payment can be made by Visa or Mastercard.
- Entry information and changes can be made by using the reference number of your application. Refunds will be processed in accordance with the Taekwondo Australia Refund Policy which is available on the application page.
- Eligibility:** Applicants must be Black Belt and Kukkiwon Dan Certificate accredited and be a registered Taekwondo Australia Head Instructor, Instructor or Sports Member at the date of application.
- Age Divisions:** All competitors ages are **as at 31 December 2012** unless otherwise stated.
- Enquiries:** Email seminar@taekwondoaustralia.com.au or phone 1300 853 287 (1300 TKD AUS).
- Applications Close:** Wednesday **30 May 2012- 12:00 Midnight EST..**
- Uniform Requirements:** Black V neck dobok must be worn by all participants with the Taekwondo Australia badge on the left shoulder.
- Entry Fees:**
- | | |
|-------------------|-----------------------|
| First Event | - \$65 |
| Subsequent Events | - \$20 for each Event |
| Breaking | -\$4 per board |

Entry Fee Examples:

One individual entering Individual Poomsae = \$65

One individual entering Speed Breaking with 4 boards = \$81 (65 + 16 for boards)

One individual entering Individual Poomsae, Team Poomsae = \$85 (65+20)

One individual entering Pair Poomsae and Team Poomsae = \$85 (65 + 20)

One individual entering Individual Poomsae and Speed Breaking with 4 boards
= \$101 (65 + 20 + 16 for boards)

Technical Selection Competition



- TAPS Awards** Athletes entering this event will be awarded TAPS points in accordance with the TAPS (Technical) Policy which is available on the Taekwondo Australia website at : www.taekwondoaustralia.com.au/forms.php
- TAPS Sponsorship** Sponsorship first place getters to attend Hanmadang (and/or Korean Open) will be based on the existing TAPS formula of up to 50% funding and capped at \$900.
- All TAPS team members will be supplied with uniforms and tracksuit from our sponsor Jols Martial Arts.
- Eligible Members unable to attend this Selection Event but who wish to attend the 2012 World Taekwondo Hanmadang and/or Korean Open are eligible to apply by registering their interest at seminar@taekwondoaustralia.com.au. Taekwondo Australia will provide team management and coaching services and team members can acquire tracksuits and doboks through Jols at reduced costs.
- Liability:** While all care is taken, the organisers and their representatives can take no responsibility, under any circumstances, for any damages, injuries or loss to individuals or equipment.
- Medical Condition:** If you suffer from a medical condition, which may necessitate professional medical care, please complete the relevant section on the online entry form.
- Privacy:** Personal details collected are solely for the purpose of the seminar and camp involved.

All entries close on **Wednesday 30 May 2012**

Any requests for refunds will be in accordance with our Refund Policy and must be submitted via email to:

Angela Eagling

admin@taekwondoaustralia.com.au

Technical Selection Competition



Technical Competition Information

Individual Poomsae Junior (14-17yrs), Senior 1 (18-29yrs), Senior 2 (30-39yrs), Master 1 (40-49yrs), Master 2 (50-59yrs) and Master 3 (60yrs +)

Team Poomsae Same gender team of 3
Male and Female (14-29yrs), Male and Female (30yrs +),

Pair Poomsae Mixed Gender (14-29yrs) and (30yrs +)

Individual Poomsae

Age Group	1st Round	2nd Round	Final	
Junior (14-17 yrs)	Taeguk 4	Taeguk 7	Taeguk 8	Gumgang
Senior 1 (18-29 yrs)	Taeguk 6	Koryo	Gumgang	Pyongwon
Senior 2 (30-39 yrs)	Taeguk 6	Koryo	Gumgang	Pyongwon
Masters 1 (40-49 yrs)	Taeguk 8	Taebek	Pyongwon	Jitae
Masters 2 (50-59 yrs)	Koryo	Pyongwon	Shipjin	Chonkwon
Masters 3 (60 yrs +)	Koryo	Pyongwon	Shipjin	Chonkwon

Team Poomsae

Division	1st Round	2nd Round
1st (14-29 yrs)	Taebek	Shipjin
2nd (30 yrs +)	Shipjin	Chonkwon

Pair Poomsae

Division	1st Round	2nd Round
1st (14-29 yrs)	Koryo	Pyongwon
2nd (30 yrs +)	Taebek	Jitae

Breaking Age Divisions Male and Female (18-29yrs), Male and Female (30-39yrs), Male and Female (40-49yrs), Male and Female (50-59yrs), Male and Female (60yrs +)

Technical Breaking Athlete must supply their own holders. TA will supply holders with safety goggles, which MUST be worn by all participants. Male contestant's boards are 19mm in thickness and 300mm square. Female contestant's boards are 15mm in thickness and 300mm square.

Athletes must state on entry form the number of boards required on application form. Athlete may take their unbroken boards. No padding is to be worn on the hands or feet when breaking.
NB – five 'breaks' are to be performed, each of a different technique.

Technical Selection Competition



Breaking Scoring

Athletes are advised that the following scores will be allocated.

Kicking Techniques	Points	Score	Score	Score
Standing Kick	5			
Sliding Kick	6			
Jumping Kick	7			
Turning Kick	7			
Jumping Turning Kick on the Spot	8			
Sliding Forward with a Turning Kick	9			
Jumping Forward with a Turning Kick	10			
Jumping using both Feet at the same time	10			

Hand Techniques	Points	Score	Score	Score	Score	Score	Total
Hammer Fist	5						
Knife Hands	5						
Palm Heel Strike	5						
Elbow Strike	6						
Standard Punch	7						
Back Fist	8						
Reverse Knife	9						
Double Strike (Both hands at the same time)	10						

Number of Boards Broken	Points per board	15mm	19mm	Total

Total Score	Boards Broken	Technique Points	Total Score	Gold	Silver	Bronze	No Place

Power Breaking

This competition is for hand techniques only. Male athletes may choose to break with a 'closed fist', or a 'knife hand strike' and boards are 19mm in thickness and 300mm square. Female athletes must break with an open hand strike (palm heel or knife hand strike) and boards are 15mm in thickness and 300mm square.

Athletes must state on entry form the number of boards required on application form. Athletes may take their unbroken boards. No padding is to be worn on the hands when breaking. 10mm spacers will be used by contestants between boards will be performed on two standard size cement blocks

Taekwondo Australia will supply safety goggles, spacers and cement blocks.